

---

#### Editorial team

Dr Vinod Ravindran, *Editor-in-Chief*  
Centre for Rheumatology, Calicut, Kerala, India

Prof. Ian Russell, *Co-ordinating Editor*  
Swansea University Medical School

Dr Lorna Watson, *Guest Editor*  
Department of Public Health, NHS Fife

Dr Mark Kroese, *Guest Editor*  
PHG Foundation, Cambridge

Dr Phil Mackie, *Guest Editor*  
Public Health Scotland, Edinburgh

#### Production team

Colin Reekie, *Designer*  
Katie O'Neill, *Production Editor*  
Russell Davidson, *Editorial Assistant*

---

#### Online publication

This supplement can be accessed for free on the College website: [www.rcpe.ac.uk/journal](http://www.rcpe.ac.uk/journal)

#### Contact details

Editorial Office, *JRCPE*, Royal College of Physicians of Edinburgh, 11 Queen Street, Edinburgh EH2 1JQ, UK. Tel + 44 (0)131 247 3666; email [editorial@rcpe.ac.uk](mailto:editorial@rcpe.ac.uk)

#### Advertising

All advertisements are expected to conform to medical, ethical and business standards. The appearance of an advertisement does not constitute an endorsement by the Royal College of Physicians of Edinburgh or by the Editor of this journal.



Printed on acid-free paper  
from a sustainable source by  
Bell & Bain Ltd, Glasgow