

## Aims and Scope

The *Journal of the Royal College of Physicians of Edinburgh (JRCPE)* is a quarterly, peer-reviewed publication with a circulation of over 8,500. *JRCPE* is indexed in MEDLINE, Embase, ESCI, DOAJ, Scopus and Google Scholar. Publication is open to all authors and not restricted to Fellows or Members of the College.

Submissions are invited in the following areas: reports of original research, case reports, investigation findings (images) of general interest, historical papers and letters to the Editor.

Manuscripts should not be submitted simultaneously to another journal, should not have been accepted for publication elsewhere and must not have been published already. All submitted manuscripts are peer reviewed and checked for plagiarism. The Editor reserves the right to make the final decision regarding publication and to make textual amendments where considered necessary.

## Editorial team

Dr Vinod Ravindran, *Editor-in-Chief*  
Centre for Rheumatology, Calicut, Kerala, India

Dr Graeme Currie, *Education Editor*  
Aberdeen Royal Infirmary, Aberdeen, UK

Dr Allan Beveridge, *History and Medical Humanities Editor*  
Edinburgh, UK

Dr Yeong Yeh Lee, *Associate Clinical Editor*  
Universiti Sains Malaysia (USM), Kota Bharu, Malaysia

Dr Alisdair McNeill, *Associate Clinical Editor*  
Sheffield University, Sheffield, UK

## Guidance for authors

Submission guidance can be obtained from the editorial office or downloaded from <http://www.rcpe.ac.uk/journal>  
**Compliance with this guidance will ensure quicker consideration of manuscripts by the editorial office.**

## Additional information

The Editors of the *JRCPE* have endorsed, in principle, the International Committee of Medical Journal Editors' Uniform Requirements for Manuscripts Submitted to Biomedical Journals: Writing and Editing for Biomedical Publications; available from <http://www.icmje.org>

The Editors view alleged, or suspected, medical or biomedical research misconduct as a serious offence and will not hesitate to refer suspected cases of misconduct to the appropriate bodies.

Dr Durga Prasanna Misra, *Associate Clinical Editor*  
Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow, India

Dr Ian Chan, *Associate Education Editor*  
The University of Hong Kong, Hong Kong

Dr Al Dowie, *Associate History and Medical Humanities Editor*  
University of Glasgow, Glasgow, UK

## Production team

Estela Dukan and Ninette Premdas, *Production Editors*;  
Russell Davidson, *Editorial Assistant*; Stephanie Hough and Mari Tanaka, *Typesetting*; Colin Reekie, *Designer*

## International Advisory Network

Dr Simon G Allan, *Palmerston North Hospital, New Zealand*  
Prof. Alejandro Bussalleu, *Universidad Peruana Cayetano Heredia, Peru*

Prof. Michael Cholbi, *California Center for Ethics and Policy at California State Polytechnic University, USA*

Prof. Kathryn Choon Beng Tan, *The University of Hong Kong, Hong Kong*

Prof. Hadi Alphonse Goubran, *Cairo University, Egypt*

Dr SJ Gupta, *Sant Parmanand and Apollo Hospitals, New Delhi, India*

Dr Mahzuz Karim, *Norfolk and Norwich University Hospitals, UK*

Prof. James Ker, *University of Pretoria, South Africa*

Dr Jugal Kishor Sharma, *Central Delhi Diabetes Centre, India*

Prof. Dilip Kumar Mazumdar, *Vivekananda Institute of Medical Sciences, Kolkata, India*

Prof. Balakrishnan Nair, *University of Newcastle, Australia*

Dr Khai Pang Leong, *Tan Tock Seng Hospital, Singapore*

Prof. Syed Hasnain Ali Shah, *The Aga Khan University Hospital, Karachi, Pakistan*

Prof. Quazi Tarikul Islam, *Popular Medical College, Bangladesh*

Prof. Surujpal Teelucksingh, *University of the West Indies, Trinidad & Tobago*

Prof. Molly Mary Thabah, *JIPMER, India*

Dr Roger W Warne, *Royal Perth Hospital, Australia*

Prof. David N Williams, *University of Minnesota Medical School, USA*

Dr Rosemarie Wright-Pascoe, *University of the West Indies, Mona, Jamaica*

Prof. Man Fung Yuen, *Queen Mary Hospital, University of Hong Kong, Hong Kong*

## Online publication

This issue can be accessed for free on the College website: [www.rcpe.ac.uk/journal](http://www.rcpe.ac.uk/journal)

## Contact details

Editorial Office, *JRCPE*, Royal College of Physicians of Edinburgh, 11 Queen Street, Edinburgh EH2 1JQ, UK. Tel + 44 (0)131 247 3666; email [editorial@rcpe.ac.uk](mailto:editorial@rcpe.ac.uk)

## Advertising

All advertisements are expected to conform to medical, ethical and business standards. The appearance of an advertisement does not constitute an endorsement by the Royal College of Physicians of Edinburgh or by the Editor of this journal.



Printed on acid-free paper  
from a sustainable source by  
Bell & Bain Ltd, Glasgow