2017 has been a busy and productive year for the Trainees and Members’ Committee (T&MC) as we have worked hard to represent your views on a variety of changes being proposed to medical education and training across the UK.

This marks the end of my two-year term as Chair of the Committee, a role I am honoured to have held.

To find out more about the committee visit: rcpe.ac.uk/tmc
We were delighted to fill all the vacancies on our Committee this year. The new Committee is now in place and I leave the Committee in the very capable hands of the new co-chairs Anna Olsson-Brown and Marcus Lyall who are experienced T&MC members. We welcome all the new and re-elected committee members, and would like to thank all those who stood down in 2017 for their hard work.

**Current committee members:**

- **Office Bearers**
  - Anna Olsson-Brown, Marcus Lyall, Manjit Cartlidge and Andrew Chapman

- **Elected Members**

- **Co-opted Members**
  - Rachel Knight, Imogen Smith, Craig Thurtell and Luke Yates

- **Foundation Year Observers**
  - Jenny Hall and Dairshini Sithambaram

- **Student Observer**
  - Arina Tamborska
Message from the new Co-Chairs

We are delighted to be taking over as Co-Chairs of the T&MC. We are proud to have worked alongside Katherine over the last two years and aim to continue the amazing work of the committee. The committee work tirelessly to represent trainee views and provide useful and engaging events for trainees. We look forward to what promises to be an exciting year with new challenges including the next phase of Internal Medicine (IM) curriculum development, development of a new sub-workstream (sitting within Careers and Communication) to support less than full time (LTFT) trainees, extension of our symposia and an update to the website.

Best wishes for 2018.

Anna Olsson-Brown

Marcus Lyall
Highlights and activities of 2017

- **10** EMUs held
- **8900+** people attended EMUs online and in person
- **136** sites in **11 countries** worldwide
- **400+** delegates at Top Tips for FY1s EMU
- **4300+** Trainees and Members we represent
- **25** Committee Members
- **30** College meetings attended
- **50+** external meetings attended
- We welcomed **160+** new MRCP(UK) members to the College at our Diploma ceremonies.
- **100+** attendees at our Medical Careers symposium
- **19** Specialties represented at Medical Careers symposium
Shape of Training

In August, the long-awaited Shape of Training report was published along with the Ministers’ response. The physician colleges, through the Joint Royal Colleges of Physicians Training Board (JRCPTB), have had representation at the Four Nation Shape of Training UK Steering Group over the past four years to ensure that your views were taken into account.

Internal Medicine Curriculum

The IM Stage 1 curriculum was reviewed by the GMC in September and has now been approved. As part of the review, a joint letter was put forward by our committee, and the trainee committees of the RCPSPG and RCPL, highlighting the positives for trainees as well as some of our questions and concerns. IM Stage 1 training will replace CMT from August 2019. We will continue to work closely with the JRCPTB to provide input to implementation planning and ensure that the ongoing questions you have are clarified. We will also work with the JRCPTB as the Phase 2 curricular are drafted.

Medical Registrar Quality Criteria

The Committee collated views on the current proposed criteria by the JRCPTB for the General Internal Medicine (GIM) Registrar role and Members attended a meeting in...
June to review the latest draft. We are pleased that our Committee input has really shaped this. From an early stage we stressed the importance of the environment in which the Medical Registrar has to work for ensuring safe patient care, as well as allowing appropriate training and balancing the demands of an enjoyable but demanding role. This has been recognised and included in some of the quality criteria. We are keen that the criteria are measurable indicators and are pleased that the JRCPTB are in discussion with the GMC to ensure key questions are included in next year’s GMC’s trainee survey to assess if the criteria are being met. We expect the quality criteria to be published in early 2018 – we will share this with you and would value your feedback.

**Acting up as a Medical Registrar Survey**

We initiated this survey at the start of the year as part of a cross-college (Edinburgh, Glasgow and London) project. It has produced interesting results which we are currently collating into a report. We will share this with you in the coming months. The aim of this survey was to look at the variation in acting up experiences that those less than ST3 were experiencing across the UK. The outcome is to ensure that acting up as a Medical Registrar is done within a supportive environment that allows trainees to feel prepared for the job of Medical Registrar. We are grateful to everyone who completed this survey and will be keen to hear your comments on the results when they are published. The issues highlighted by the acting up survey have also been highlighted to senior members of the JRCPTB and action steps have been taken to improve the situation in relevant areas.

**HEE report on enhancing junior doctors’ working lives**

Many of you will be aware of the report by HEE looking at ‘Enhancing junior doctors’ lives’ in England. This follows on from the issues raised during, but also prior to, the junior doctors’ contract dispute which highlighted widespread reports of low morale, unhappiness, anger and disillusionment. As a committee we have responded to this and our full comment can be seen here¹. We welcome the report as a means to support trainees but are keen that these are deliverable and measurable standards to ensure real benefit to trainees’ working lives and work-life balance.

**JRCPTB Fees**

We welcomed the news that the JRCPTB is continuing to freeze training fees for 2018 to support trainees during this period of public sector restraint. We also remind trainees that memberships and examinations (such as MRCP) can be claimed as tax relief. For a helpful document on this, visit: mrcpuk.org/mrcpuk-examinations/faqs

¹ rcpe.ac.uk/college/hee-report-enhancing-junior-doctors-working-lives
Careers and Communications

**Careers Symposium**
Our annual Medical Careers Symposium took place in October, where we welcomed over 100 medical students, foundation doctors and ST1/2 doctors from throughout the UK. The event provided an insight into postgraduate medical careers and what it means to be a physician. We were delighted to have representatives from 19 medical specialties to answer questions and offer advice and guidance.

**Careers Evening Medical Update**
In July, our ‘Someone call the FY1 – Surviving life as a new doctor’ Evening Medical Update was attended by over 400 delegates and we also held our lively Twitter chat on ‘Top Tips for FY1s’ to support trainees as they prepared for the August handover.

**Schools Lecture**
The College held a ‘Becoming a doctor’ Schools Lecture on 22 November 2017 for school pupils interested in a career in medicine. There were 98 pupils in attendance with fantastic engagement and a volume of questions that lead to the session being extended. We are intending to expand this in 2018.
Excellent series of lectures with a lot of learning points.

– Evening Medical Update attendee
Medical Trainees’ Conference

Our first Medical Trainees’ Conference to take place outside of Edinburgh was held in Newcastle in February 2017. We were pleased to welcome over 130 delegates from across the UK. Feedback regarding the new format of the event has been very positive with delegates appreciating the lively debate prompted around the keynote and panel discussion, and the opportunity to access both high-quality clinical presentations and to discuss training-related issues with other delegates on the day.

This year’s Medical Trainees’ Conference 2018 has again been designed by trainees for trainees. It is being held in January at University Place, University of Manchester. The event will be hosted by RCPE Manchester in association with the Manchester Academic Health Science Centre.
The annual conference is always a great opportunity to gain CPD points and build your network. The programme features a wide range of medical updates in general internal medicine (GIM) and topics include: radiology, respiratory medicine, haematology, Parkinson’s disease, and dermatology when in the acute receiving unit, as well as a panel discussion covering issues relating to changes in training within hospital medicine and how to avoid doctor burnout. The conference provides a unique opportunity to discuss issues with and question those who can directly influence medical training. It is free to Collegiate members of the Royal College of Physicians of Edinburgh and £60 for all others.

Evening Medical Update programme
We hold our popular and free Evening Medical Updates (EMUs), linked to the GIM curriculum, throughout the year. In 2016/2017, we held ten EMUs on: The shocked patient; Anaphylaxis; Abdominal pain; Palliative and end of life care; Poisoning; Back pain; Cough; Rash; The swollen limb; and Weakness and paralysis. We were delighted to welcome over 8900 attendees to our EMUs, either in person or via webstream at 136 sites in 11 countries around the world.

Our programme for 2017/2018 includes:
The unconscious patient  Breathlessness
Cardiorespiratory arrest  Headache
Jaundice  Haematemesis/melaena
Blackout/collapse  Chest pain
Diarrhoea  Acute confusion

The College organises a number of other events that are relevant to trainees:
• Medical Research Symposium
• PACES Preparation Courses
• Critical Appraisal & Research Course
• Symposia

Find out more about our events at events.rcpe.ac.uk
If you’re not already a member, join us and take advantage of our events, resources and Education Portal, all designed to help you as you progress through your career. You can also get involved with the work of the Committee which has elections annually in the summer.

Find out more here: rcpe.ac.uk/membership

Get in touch
We’re always keen to hear from you – please contact us regarding any issues that you would like to raise at:

✉️ trainees@rcpe.ac.uk

or follow us on Twitter

🐦 @RCPEdinTrainees