

Now is also the time to recognise the departure of Dr A. D. Toft, one of the most outstanding Presidents of the College. Tony brought to the Presidency an energy, commitment and decisiveness that will be hard to follow. He has shown us the meaning of leadership, displaying rare qualities of vision, courage, tenacity and fine judgement. He has demonstrated that most important quality of a President, the ability to listen to Fellows and Members whenever and wherever he found them. Both he and Maureen are regarded with great affection by many people and in many parts of the world.

And finally, we should not let this moment pass without conveying our thanks to those members of Council who have served the College with much devotion and have played such a central rôle in our many recent endeavours, especially to Dr John Irving (Lothian), Dr Ken Nelson (Northern Ireland), Dr Michael Godman (Paediatrics) and Dr Christopher Smith (Grampian).

J. D. CASH

## Obituaries

JOHN JAMES ANDREW REID

Sir John Reid, a former Chief Medical Officer at the Scottish Home and Health Department, died on 10 July 1994 at the age of 69. He belonged to the north-east of Fife and was a graduate of the University of St Andrews where he obtained the degrees of BSc in 1944 and MB ChB in 1947. He was President of the Student Representative Council in his own University and also President of the British Medical Students Association. Service as Regimental Sergeant-Major of the University Training Corps was the start of a life long interest in the Army.

After National Service, John Reid embarked initially on a career in clinical medicine, but an interest in epidemiology and prevention led him to abandon that for public health and he took the DPH in 1952. He was an Assistant County Medical Officer in Buckinghamshire before returning to the University of St. Andrews in 1955 as a lecturer in public health. He undertook research on public health aspects of diabetes mellitus which led to the award of an MD with High Commendation in 1961. He became a Member of this College in 1965 and a Fellow in 1970.

He resumed local authority service as Deputy County Medical Officer of Health in Northamptonshire in 1959 and County MOH in 1962. In 1967 he became County MOH in Buckinghamshire where he was deeply involved in planning health provision for the new town of Milton Keynes. This was a task which had a natural appeal for him, linking all parts of the health service with planning the development of a new community.

As one of the more distinguished and forward looking County Medical Officers in England John Reid served on many national committees. He was a member of the Standing Medical Advisory Committee at the Department of Health and Social Security from 1966 to 1972, he chaired a sub-committee on Health and Welfare Services for People with Epilepsy which reported in 1969, he was a member of the Bonham Carter Committee which reported on the Functions of the District General Hospital in the same year, and of the Hunter Working Party on Medical Administrators which reported in 1972. In 1971 he became the first Honorary Consultant in Community Medicine to the Army. In 1972 he joined DHSS as a Deputy Chief Medical Officer and for the rest of his career he was a civil servant. He sometimes expressed ambivalent feelings about being in the civil service. It opened doors to wider fields which were important to him, but perhaps he missed the greater scope which he had enjoyed as an MOH to take an individual and visible stance on issues on which he felt keenly.

His wide remit as DCMO included International Health and he undertook this with great enthusiasm. His involvement with the World Health Organisation



began in earnest in 1973 when he joined the Executive Board for the first time. He served on it for a total of 11 years, and was its Vice-Chairman from 1977 to 1978 and its Chairman from 1978 to 1979. He was Chairman or Member of numerous WHO Committees and Working Parties and became a well known and widely recognised figure at the annual World Health Assembly in Geneva and at WHO Headquarters. His vast knowledge of background and procedure and his willingness to become deeply involved in the Organisation's affairs made him a valued colleague there.

In 1977, on the threshold of his most onerous responsibilities at WHO, he succeeded Sir John Brotherston as Chief Medical Officer at the Scottish Home and Health Department. He undertook the duties of that office while maintaining his international commitments. He was determined, in spite of the heavy personal burden of work and travel and the occasional intervention of ill health, that he should play a full part in medical affairs in a wider international setting.

On retirement at the end of 1985 he continued to pursue two major interests, international health and education in public health. He became Consultant Adviser on International Health at the Department of Health in London and his familiar presence was maintained at international gatherings. He had long regarded the London School of Hygiene and Tropical Medicine as a vital institution in the development of education in public health, and in 1989 he became Chairman of its Board of Management. He was also Vice-President of the Liverpool School of Tropical Medicine. In 1992-93 he served as President of the British Medical Association.

John Reid was the recipient of many honours. He was appointed CB in 1975. The University of St Andrews conferred on him a DSc Honoris Causa in 1979 and the University of Dundee an LLD in 1985. His Knighthood in 1985 in an Order associated with service to foreign affairs seemed particularly appropriate. In 1987 he received the Leon Bernard Foundation Prize for work in Social Medicine. This was presented to him in Geneva during the proceedings of the World Health Assembly where a warm tribute was paid by the President to his international work.

In the course of his career John Reid worked with many groups of colleagues in different fields. All were aware of his strong professional commitment to improving health and of his underlying sense of social justice. He had acquired in his long and varied experience an excellent understanding of administrative and political complexities which he could deploy with great skill to unravel difficult situations. He would never however regard this as an end in itself and those who knew him could generally identify some greater health purpose which he had in view. He would pursue with infinite patience and determination any objective, be it local, national, or international, which his liberal approach to public health and his concern for social justice led him to believe to be worth while.

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I. S. MACDONALD

ROBERT JOHN GIFFEN SINCLAIR

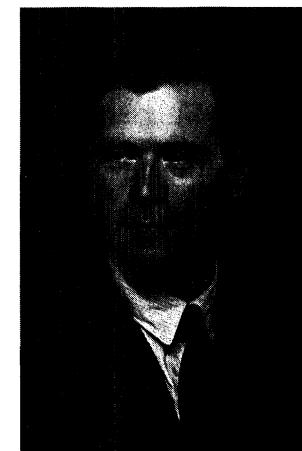
Dr R. J. C. Sinclair died in Edinburgh on 21 August 1994. He was born there on 20 June 1907. His family subsequently moved to the west where he was brought up, receiving his secondary education at Bellahouston Academy in Glasgow. In 1924 he entered the Medical School of Glasgow University and concurrently studied at the Glasgow Dental Hospital, qualifying LDS RFPSP in 1929. He then practised as a dental surgeon until 1939 and during this time was visiting dental surgeon to the Western Infirmary, Glasgow and to the Smithson Hospital in Greenock.

In 1939 he resumed his medical studies and qualified in 1941 with the Triple Qualification of the Scottish Royal Colleges. He was at once appointed to a maxillo-facial unit in an Emergency Medical Service hospital. In the following year he transferred to the RAMC, becoming eventually a specialist in physical medicine; he was discharged in 1946 with the honorary rank of major.

After demobilisation he was appointed to Professor Stanley Davidson's wards in the Royal Infirmary of Edinburgh as a trainee and became a clinical assistant in the clinic for chronic rheumatic diseases in that hospital. He was admitted to membership of the Edinburgh College in 1948 and was appointed assistant physician at the Northern General Hospital in the Rheumatic Diseases Unit which had been set up by Davidson with Dr J. J. R. Duthie as senior lecturer. Subsequently he was appointed assistant physician at the Northern Group of Hospitals with consultant status and lecturer in the department of medicine at the University of Edinburgh. He was elected to the Fellowship of the College in 1955 on the nomination of Stanley Davidson who described him as a 'conscientious, careful and sound physician who would be a credit to the College' and continued as consultant at the Northern General Hospital until his retirement in 1972.

Early contributions to the literature of his speciality included reports on various aspects of the treatment of rheumatological and haematological conditions with papers published in the *Annals of the Rheumatic Diseases*, the *British Medical Journal* and *The Lancet*. A major contribution, to come some years later, was a study of various aspects of Marfan's syndrome undertaken in collaboration with cardiological colleagues in the Northern Group of Hospitals and published in the *Quarterly Journal of Medicine*. He was for many years a member of the Heberden Society and of the Scottish Society of Physicians.

Jack Sinclair was, as a physician, popular with his colleagues and patients alike and respected for his caring approach to medicine, his reliability and his courteous manner. His leisure pursuits included golf and gardening, photography, philately and painting. He will be remembered with affection as 'a verray parfit praktisour' by his colleagues, students and by his many friends both at home and abroad. He is survived by his supportive wife, Vida, and their family, of whose achievements he was justifiably proud.



T. M. CHALMERS

## Deaths of Fellows

## WILBER FRANKLIN BROWN

Wing Commander W. F. Brown died in Ontario, Canada, on 2 September 1994 in his 90th year. He qualified in medicine in 1931 and took the Membership Examination of this College in 1934. Dr Brown served in the Army Medical Corps and the Royal Canadian Air Force during the war. He was Chief Medical Advisor to the Canadian Pension Commission from 1945 until his retirement in 1970. He was elected to the Fellowship in 1944.

## GEOFFREY DUNCAN CHISHOLM

Geoffrey Chisholm, President of the Royal College of Surgeons of Edinburgh from 1988–1991, died on 10 November 1994. He was born in New Zealand in 1931. He graduated MB ChB from the Dundee Medical School of St Andrews University in 1955 and was awarded the ChM with high commendation from St Andrews in 1965. In 1977 he became Professor of Surgery in the University of Edinburgh and Director of the Nuffield Transplant Unit at the Western General Hospital. He was joint editor with D. I. Williams of *Scientific Foundations of Urology* and editor of the *British Journal of Urology* from 1977 until 1993. He was elected a Fellow of this College in 1990, of the Royal Society of Edinburgh in 1994 and awarded the CBE in 1992.

## HUGH ROBERT LAUDER FRASER

Dr H. R. L. Fraser, formerly consultant physician at Stobhill General Hospital, Glasgow, died on 9 September 1994. He was born on 26 March 1917 and graduated MB ChB in Edinburgh in 1940. Following service in the RAF from 1941 until 1946, he worked in the Western General Hospital and in the Royal Infirmary, Edinburgh, specialising in cardiology. He became a Member of this College in 1947 and moved to Stobhill in 1956. Dr Fraser made several contributions to cardiology literature and was elected a Fellow of this College in 1960.

## KEITH SAMUEL MILLINGEN

Dr K. S. Millingen of Tasmania, Australia, died on 30 September 1994. Born in Queensland, he graduated MB BS from Sydney University in 1945. He took the Membership of this College in 1949 and the London College the following year. Dr Millingen became a Fellow of the Royal Australasian College of Physicians in 1965 and was Secretary of that College's State Committee from 1962 to 1965. He was elected a Fellow of this College in 1968.

## RUDENDRA KUMAR PAL

Dr Rudendra Kumar Pal MB(Cal), DSc(Edin), FRCPE, FRSE, died in India on 12 February 1991, aged 88. A physiologist, he came to Edinburgh to work under Sir Edward Sharpey-Schafer in 1929. His subsequent career in India is recorded in an obituary in the Year Book of the Royal Society of Edinburgh 1992; 36–7.

## KENNETH RYDEN

Kenneth Ryden, who died in October 1994 aged 77, was made a Fellow of this College on 2 May 1985 in appreciation of the large contribution he made to the planning of the Conference Centre. Mr Ryden, founder of a well-known Edin-

burgh firm of chartered surveyors and estate agents, was born in Lancashire. He trained as an estate surveyor in the Civil Service before joining the Royal Engineers at the outbreak of World War II. Mr Ryden was awarded the Military Cross and Bar for service in India and Burma. In 1959 he set up Kenneth Ryden & Partners and became Master of the Company of Merchants of the City of Edinburgh in 1972. He was a member of several professional organisations and was made Deputy Lieutenant of the City of Edinburgh in 1978.

## PHILIP MAXWELL WOOD

Dr P. M. Wood, of Castle Douglas, Kirkcudbrightshire, died on 2 October 1994 aged 91. He graduated MB ChB at the University of Edinburgh in 1926. Dr Wood became a Member of this College in 1928 and took the DOMS Lond in 1942. Following service in the RAMC during World War II as a specialist in ophthalmology, he became consultant ophthalmologist in the Halifax Hospital Group. He was elected to the Fellowship in 1947.

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Dr Robert McWhirter, Professor of Medical Radiology at the University of Edinburgh, died on 24 October 1994. A full obituary will appear in the next issue of *Proceedings*.

Dr Andrew Rae Gilchrist, President of the College 1957–60, died on 1 March 1995. He was born in 1899. An appreciation of Rae Gilchrist and of the imprint that he made on the practice and teaching of clinical medicine and especially cardiology appeared in a recent College publication received by all Fellows. (M. F. Oliver, *Dr A. Rae Gilchrist OBE*. In: Lawson D. H. ed., *Current Medicine 3*. Edinburgh: Churchill Livingstone, 1991, 275–80).

## CORRIGENDUM

On p. 176 of vol. 25 the year of the death of Dr B. W. Petty was wrongly stated. He died on 8 July 1994.

# College Notices

## Office-Bearers and Committees 1994-1995

### President

J. D. Cash

### Vice-President

A. L. Muir

### COUNCIL

#### Elected

A. L. Muir (*Vice-President*)  
 J. L. Anderton  
 M. E. Carter  
 D. H. Lawson  
 A. M. Davison  
 R. W. Newton  
 A. G. Leitch  
 P. W. Brunt  
 C. J. H. Kelnar  
 D. D. Burrows  
 F. Kerr  
 H. E. Zealley\*  
 W. S. Nimmo\*\*  
 C. E. Whitworth†  
 A. L. Jones†

#### Ex-Officio

**Treasurer** A. T. Proudfoot  
**Secretary** J. St J. Thomas  
**Registrar** J. F. Munro  
**Dean** R. A. Wood  
**Assessor** J. C. Petrie  
**Clerk** J. H. Macfie, WS

### OTHER OFFICERS

#### Honorary Librarian

M. A. Eastwood

#### Acting Librarian

I. A. Milne

#### Editor of Proceedings

W. Sircus

#### Deputy Editor of Proceedings

R. Passmore

#### College Manager

Captain R. A. Smith, RN

#### Trustees

J. S. Robson  
 H. Watson (*Senior Trustee*)  
 A. J. Keay  
 J. Richmond  
 The Treasurer

#### Director of CME

N. J. Douglas

#### Overseas Postgraduate Director

W. A. M. Cutting

#### Social Convener

G. J. R. McHardy

#### Auditor

Messrs Chiene & Taite, CA

### COMMITTEES

*The President is an ex-officio member of all committees except the Collegiate Members' committee.*

**Standing College Committee on the Library.** The Hon. Librarian (*Convener*), The Vice-President, The Treasurer, The Secretary, M. R. Lee, T. M. Chalmers, A. Busuttill, C. P. Swainson, R. Passmore, A. E. Ritchie, P. M. Gordon†, S. E. Pound, The College Manager, The Acting Librarian (*Secretary*), S. J. Simpson (*Observer*)

**Standing College Committee on the Fellowship.** The Vice-President (*Convener*), J. L. Anderton, I. W. Campbell, A. C. MacCuish, The Secretary (*Secretary*)

**Standing College Committee on Paediatrics.** W. S. Uttley (*Convener*), N. McIntosh, C. A. S. Galloway, M. J. Godman, T. L. Turner, R. E. Olver, A. W. Blair, K. J. Robertson† (*Secretary*), R. Macfaul†, A. F. Colver, P. J. Helms

**Symposium Committee.** M. L. Watson (*Convener*), P. L. Padfield, N. J. Douglas, W. M. Garraway\*, R. Passmore, N. P. Bailey†, B. J. Chapman (*Secretary*), Dean, T. M. MacDonald, J. Hood†, A. D. Cumming, College Manager

**Overseas Committee.** J. B. Irving (*Convener*), R. A. Wood, W. A. M. Cutting (*Overseas Postgraduate Director*), A. L. Muir, A. L. Jones† (*Secretary*), A. M. Martin, A. M. Davison, R. W. Newton, D. H. A. Boyd, College Manager

**Editorial Board.** W. Sircus (*Convener*), R. Passmore, M. L. Watson, B. J. Chapman, I. J. Scougal† (*Secretary*), M. A. Eastwood, J. Richmond, A. J. Akhtar, D. H. Lawson, I. A. Milne (*co-opted*)

**Audit and Research Committee.** Assessor (*Convener*), Dean, J. M. Grimshaw, C. P. Swainson, V. M. Hawthorne, A. G. Leitch, D. Maclean, A. T. Boyd Moir, A. W. M. Smith, J. A. G. Beattie, A. L. Jones†, B. McIver†, The Treasurer, K. D. Donaldson, College Manager

**Council Committee on Examinations.** Registrar (*Convener and Secretary*), J. Syme, J. Nimmo, J. L. Anderton, E. Housley, B. F. Tregaskis, C. C. Smith, C. J. A. Thompson†, D. M. Matthews, A. T. Edmunds, Head of Examinations Department (*in attendance*)

**Collegiate Members' Committee.** C. E. Whitworth (*Chairman*), A. L. Jones (*Secretary*), C. J. A. Thompson (*Vice-Chairman*), P. M. Gordon (*Assistant Secretary*), B. McIver, N. P. Bailey, J. Hood, G. W. N. Dalzell, I. J. Scougal, K. J. Robertson, P. H. Brown, College Manager

**Myre Sim Bequest Committee.** J. D. Matthews (*Convener*), The Treasurer, A. G. Leitch, J. F. Munro, J. Richmond, W. A. M. Cutting (*Overseas Postgraduate Director*), J. Hood†, Mrs P. Oliver (*Secretary in attendance*)

**Finance and General Purposes Committee.** The Vice-President (*Convener*), The Treasurer, The Secretary, The Registrar, The Dean, The Assessor, The Hon. Librarian, The Social Convener, C. E. Whitworth†, The College Manager (*Secretary*)

**Council Committee on Geriatric Medicine.** R. G. Smith (*Convener*), W. J. MacLennan, D. C. Kennie, I. J. Scougal†, B. J. Chapman (*Secretary*), M. E. T. McMurdo, R. E. Scorgie, College Manager

**Council Committee on Education.** Dean (*Convener*), A. L. Muir, R. W. Newton, Assessor, M. L. Watson, H. E. Zealley, W. A. M. Cutting (*Overseas Postgrad. Director*), The Treasurer, M. F. Sudlow, E. G. Buckley, F. Kerr, B. J. Chapman, C. J. A. Thompson†, P. H. Brown†, J. B. C. Dick (*Secretary*), N. J. Douglas (*CME Director*), C. C. Smith, J. B. Irving, College Manager.

**Fund Raising Committee.** The Vice-President (*Convener*), D. H. Lawson, C. C. Smith, C. P. Swainson, M. L. Watson, C. E. Whitworth, S. J. Simpson (*Secretary*)

\*Representing Faculty of Public Health Medicine

†Representing Collegiate Members' Committee

\*\*Representing Faculty of Pharmaceutical Medicine

‡Representing British Paediatric Association

THIS NOTICE TAKES THE PLACE OF THE BILLET WHICH THE SECRETARY IS REQUIRED TO ISSUE (UNDER LAWS, CAP. XII, 15).

THE MELVILLE TRUST FOR THE CARE AND CURE OF CANCER

#### Research grants

The Trustees are once again inviting applications for grants in cancer research whether related to care or cure. These may include the provisions of scientific, technical or clerical assistance, laboratory costs and equipment but must not exceed expenditure of £15,000 in any one year. Subject to satisfactory progress the grant is renewable for a further year, but extension beyond that period cannot be entertained.

The Trustees will also be sympathetically disposed towards facilitating the setting up of young research workers through the award to them of a sum not in excess of £2,000 to defray the cost of their consumables, provided adequate justification is given.

Research support by the Trust will be carried out in a clinical or scientific department in Lothian, Borders or Fife, the head of which must signify his or her approval of the application. The research may deal with any aspect of malignant disease, its care or its cure, and applicants need not necessarily hold a medical qualification.

All applications should be submitted on a standard application form (with all sections completed as far as applicable) available upon written request from the Agents to the Trust, Messrs Tods Murray WS, 66 Queen Street, Edinburgh EH2 4NE by no later than 31st May 1995.

## The Library

### SOME RECENT ADDITIONS

- ASTRUP P: Salt and water in culture and medicine. Denmark, Munksgaard, 1993.
- BARCLAY J: In good hands: the history of the Chartered Society of Physiotherapy, 1894-1994. Oxford, Butterworth-Heinemann, 1994.
- BUCHAN W: Domestic medicine. Edinburgh, D Schaw & Son, 1814 (*Presented by Dr J. D. Haldane*).
- BYARD RW, COHLE SD: Sudden death in infancy, childhood and adolescence. Cambridge University Press, 1994.
- CAHAN D: Hermann von Helmholtz and the foundations of nineteenth century science. University of California Press, 1993.
- CULPEPER N: Culpeper's herbal. Halifax, Milner & Sowerby, 1860 (*Presented by Mrs D. J. B. Savage*).
- DOWNIE RS: The healing arts: an Oxford illustrated anthology. New York, OUP, 1994.
- EMSLIE-SMITH, D: The Arms of the College. In: The Double Tressure (Journal of the Heraldry Society of Scotland) 1993, No 15. (*Presented by the author*).
- ESPINOS DP: Tratado de medicina interna. Madrid, Editorial Medica Panamericana, 1994 (*Presented by the author*).
- FARRELL GC: Drug induced liver disease. Edinburgh, Churchill Livingstone, 1994.
- FOSTER, Sir M: Textbook of physiology. 6th ed. vols I-III & 5th ed. vol IV. MacMillan & Co., 1891 (*Presented by Dr J. D. Matthews*).
- JOHNSTONE EC: Searching for the causes of schizophrenia. New York, OUP, 1994.
- JONES K: Asylums and after. Athlone Press, 1993.
- KAPLAN BB: Divulging of useful truths in physick: the medical agenda of Robert Boyle. Baltimore, Md, Johns Hopkins University Press, 1993.
- KAPLAN NM: Clinical hypertension. Baltimore, Md, Williams & Wilkins, 1994.
- KAPOSI M: Pathology and treatment of diseases. 1895. (Classics of medicine library, 1994) (*Presented by Dr Myre Sim*).
- LUNBECK E: The psychiatric persuasion. New Jersey, USA, Princeton University Press, 1994.
- LYDARD PM, BROSTOFF J: Autoimmune disease: aetiopathogenesis, diagnosis and treatment. Blackwell Science, 1994.
- MCGIRR E MCG: Politics, society and medicine in the eighteenth century. Reprint, 1991 (*Presented by the author*).
- MORRIS PJ: Kidney transplantation: principles and practice. USA, Saunders & Co., 1994.
- MORTON EVB: Indian assignment: the experience and impressions of an Edinburgh Medical Graduate at Baroda Medical College. 1968 (*Presented by the author*).
- PARKES WR: Occupational lung disorders. 3rd ed. Butterworth, 1994 (*Presented by the author*).
- ROSEN G: A history of public health. Baltimore, Md, Johns Hopkins University Press, 1993.
- ROSS JM: Post-mortem appearances. 5th ed. OUP, 1948 (*Presented by Dr W. H. R. Lumsden*).
- SEATON A: Practical occupational medicine. Edward Arnold, 1994 (*Presented by Dr R. Agius*).
- SKRABANEK P: The death of humane medicine and the rise of coercive healthism. Suffolk, St Edmundsbury Press, 1994.
- TUCHMAN AM: Science, medicine, and the state in Germany: the case of Baden, 1815-1871. New York, OUP, 1993.
- UNIVERSITY OF ALABAMA: The writing of Paracelsus . . . The University of Alabama, 1993 (*Presented by Dr R. I. McCallum*).
- VERGHESE A: Soundings: a doctor's story of a town and its people in the age of AIDS. Phoenix House, 1994.
- WILLIAMS AC ed: Motor neuron disease. Chapman & Hall, 1994.

## Myre Sim Bequest Committee

The following have been awarded grants:

Dr S. M. Banajeh from the Yemen to work in the neonatology department at the Simpson Memorial Maternity Pavilion, Edinburgh in January 1994.

Dr D. Jeffrey from Evesham to attend 1st International Conference of the Indian Association of Palliative Care in Varnassi and the Indian Society of Oncology Conference in Calcutta in January 1994.

Dr P. C. Corry from Bradford to attend the 12th Biennial Conference of the Pakistan Paediatric Association in Lahore in February 1994.

Dr M. E. Jones from Duns, Scotland, to experience tropical medicine practice in Blantyre, Malawi in April 1994.

Dr N. Bailey from Newcastle upon Tyne to present a paper on the correlation of tumour proliferation with survival in non-Hodgkin's lymphoma at the American Association of Cancer Researchers in San Francisco in April 1994.

Dr J. McGaughan from Manchester to attend the annual meeting of the European Society of Human Genetics in Paris in June 1994.

Dr R. S. Gray from Edinburgh to further his research into insulin resistance of type 2 diabetes at the Mayo Clinic, USA from August 1994.

Dr S. Seshia from Winnipeg, Canada to work in the paediatric neurology unit at the Royal Hospital for Sick Children, Edinburgh in May 1994.

Dr J. T. Murchison from Edinburgh for further radiological training in computed tomography of the gastrointestinal tract in Cambridge and Leeds in November 1993 and January 1994.

Dr P. Wu from California, USA, to present a paper at the National Meeting of the American Federation for Clinical Research in Baltimore, USA in April 1994.

Dr D. Wilson from Belfast to present a paper at the 14th European Congress of Perinatal Medicine in Helsinki, Finland, in June 1994.

Dr Tean Kim Nyin from Coventry to attend the XIIth World Congress of the European Society of Cardiology in Berlin in September 1994.

Dr C. Estcourt from Cheshire to study the mechanisms of the dysregulation of cytokine and lymphocine production following infection with HIV in Paris from September 1994.

Dr D. A. Collie from Midlothian to attend the 80th Meeting of the Radiological Society of North America in Chicago in November 1994.

Dr C. Sudlow from Edinburgh to conduct an up-to-date overview of worldwide stroke incidence in various centres in August 1994.

Dr G. Kramer from Edinburgh to travel to Dharamsala, North India to work for six months as a volunteer physician with Tibetan refugees.

Dr J. Mok from Edinburgh to attend the International HIV/AIDS Symposium in China in October 1994.

Dr A. G. Leitch from Edinburgh to visit the Tanzania National Tuberculosis and Leprosy Programme in February 1995.

Dr I. S. Grant from Edinburgh to lecture at the inaugural meeting of the Indian Society of Critical Care Medicine in January 1995.

The following have been awarded student bursaries:

Edward Seward to compare the response to health programmes in the Bihar region of north east India.

Marcia van der Plas to compare the Epstein-Barr virus infection status in children with severe plasmodium falciparum malaria with that in children not severely affected in Malawi.

Emma Seth to evaluate acupuncture in the management of cancer pain in China.

Sarah Wyllie to do a comparative study of the tissue and soluble markers of endothelial activation in malaria in Vietnam.

Alasdair Hay to study the causes of anaemia in Fijian school children.

## Symposia

### HYPERTENSION

A symposium was held on 8 February 1995 in the Queen Mother Conference Centre, Edinburgh.

The speakers were:

- |                     |  |
|---------------------|--|
| Dr P. L. Padfield   | Ambulatory blood pressure monitoring and the practising clinician. |
| Dr J. M. C. Connell | Diabetes and hypertension: double trouble.                         |
| Dr G. T. McInnes    | The delivery of care: can we respond to the guidelines?            |
| Dr C. E. Whitworth  | Will genetics unravel the mystery of hypertension?                 |
| Dr D. J. Webb       | Hormones in the blood vessel wall.                                 |
| Dr C. R. W. Edwards | Are glucocorticoids important?                                     |
| Dr F. H. Messerli   | Left ventricular hypertrophy: the silent killer.                   |
| Dr M. Schalekamp    | Renal artery stenosis: should we investigate?                      |

### PALLIATIVE MEDICINE

A symposium was held on 8 March 1995 in the Queen Mother Conference Centre, Edinburgh.

The speakers were:

- |                   |  |
|-------------------|--|
| Dr D. Doyle       | Palliative medicine services: the provision of care.                   |
| Dr A. Naysmith    | The purchase, the provider and the patient: the politics of care.      |
| Dr A. G. Donald   | Palliative care in the community: difficulties and dilemmas.           |
| Dr N. MacDonald   | The interface between palliative medicine and other hospital services. |
| Dr G. W. Hanks    | Developments in therapeutics.  |
| Dr C. Regnard     | Clinical problem solving with flow diagrams.                           |
| Miss J. Hockley   | The family as a focus of care.   |
| Dr J. Stjernswärd | Palliative medicine: a global perspective.                             |

## Video

Last year, the Royal College of Physicians commissioned an Edinburgh film company, In-video Productions, to make a video showing the activities of the College, both in its historic Queen Street premises and in the hospitals where Fellows and Members practice. The film offers an insight into a typical day at the College with candidates sitting examinations and delegates attending a symposium. The College is shown playing host to a wide variety of people from all over the world at an admission ceremony for new Fellows with their families, formal dinners and receptions. This is a thoughtful and entertaining film and of interest to everyone—not simply to doctors. It provides background history, giving the origins of the College, and portrays how more than 300 years later it carries out its mission to maintain standards in medicine. The video is available from the College Reception at £15.00 (plus postage in the UK £2.50 and Overseas £4.50)

## Postcards

Colour picture postcards of eight different views of the historic College premises have been produced and are on sale from Reception at 40p each.

## College Directory 1994/95

The 1994/95 college directory of Fellows and Members is now available, price £10.00 including postage.

To obtain a copy please complete the application form below and send it, with a cheque made out to the Royal College of Physicians of Edinburgh, to College Records Officer, Royal College of Physicians, 9 Queen Street, Edinburgh EH12 1JQ.

### ROYAL COLLEGE OF PHYSICIANS OF EDINBURGH

#### 1994/95 COLLEGE DIRECTORY

Please supply ..... copy(s) of the directory. Cheque for £ ..... enclosed.

Name.....

Address.....

.....

..... Postcode.....