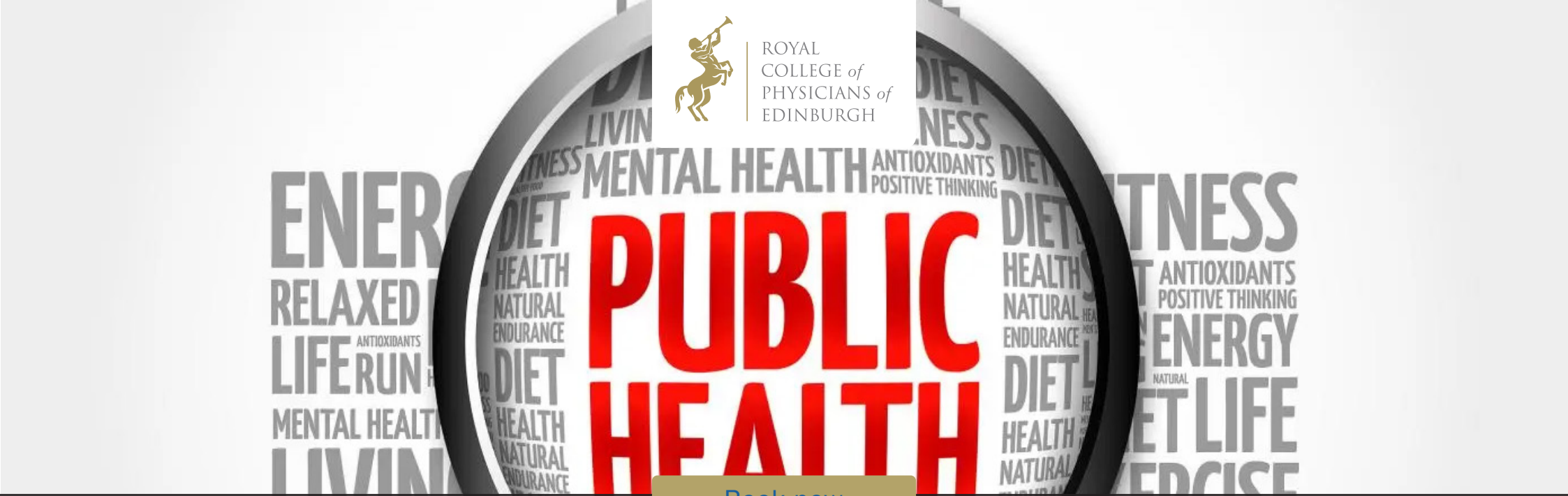


Royal College of Physicians of Edinburgh

Public Health: Health and Obesity

Thursday 28 January 2027

09:25 – 17:00

Online

This symposium will bring together leading experts, lived experience and practitioners to review the complex drivers of population weight and obesity, taking a whole-systems perspective.

Discussing:

- Global policy
- Commercial influences
- Health inequalities
- Clinical practice

Our programme examines how environments, systems, and individual factors intersect to shape health outcomes.

With keynote contributions from internationally recognised leaders and a strong focus on practical implementation—including national strategies like Scotland's Good Food Nation, to lived experience and psychological perspectives—this event offers a comprehensive, evidence-informed view of one of the most pressing current public health challenges.

Keynote:

- Professor Lindsay Jaacks, Professor of Global Health & Nutrition, University of Edinburgh

This symposium can be expected to offer valuable insights and learning to all professionals with an interest in Public Health and Obesity whether they are working in the UK or worldwide.

Catch up will be available to registered delegates until 28 days following the live event and full details are available on the website.

CPD +6* Credits

*6 CPD credits applied for.

For further details: **rcpe.ac.uk/events** or from Marie Allan, Event Coordinator: email **m.allan@rcpe.ac.uk**