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RCPE Edinburgh

Obesity

Tuesday 20 January 2026



13:00 – 16:45



Online | half-day course

Topics include:

- Obesity - the scope of the problem
- Living with obesity
- Is obesity a choice?
- The international experience
- We need to talk - how to talk about obesity with patients
- Weight loss - drug treatment
- Weight loss - what is the role of bariatric surgery in the GLP-1 era?
- Weight loss management services

Obesity is one of the most pressing public health challenges of our time, and this expertly curated programme offers a rare opportunity to explore it from multiple angles—scientific, societal, and global. With leading voices from academia, policy, and lived experience, the event promises rich insights into the complexity of obesity, from its genetic roots to the language we use with patients. Whether you're a clinician, researcher, policymaker, or advocate, this will deepen your understanding and equip you with tools to engage more thoughtfully and effectively.

All grades of medical, nursing, scientific staff. Allied health professionals and medical students welcome.



Register online for live attendance and have access until 28 days after

CPD +4*
Credits

*4 CPD credits applied for.



For further details: <https://www.rcpe.ac.uk/events> or from, Marie Allen: m.allen@rcpe.ac.uk