

Trainees and Members' Committee

# Annual Review



ROYAL  
COLLEGE of  
PHYSICIANS of  
EDINBURGH



## Message from the outgoing Chair



Katherine  
Walesby

2017 has been a busy and productive year for the Trainees and Members' Committee (T&MC) as we have worked hard to represent your views on a variety of changes being proposed to medical education and training across the UK.

This marks the end of my two-year term as Chair of the Committee, a role I am honoured to have held.

To find out more about the committee visit:  
**[rcpe.ac.uk/tmc](http://rcpe.ac.uk/tmc)**

We were delighted to fill all the vacancies on our Committee this year. The new Committee is now in place and I leave the Committee in the very capable hands of the new co-chairs **Anna Olsson-Brown** and **Marcus Lyall** who are experienced T&MC members. We welcome all the new and re-elected committee members, and would like to thank all those who stood down in 2017 for their hard work.

#### Current committee members:

- Office Bearers

Anna Olsson-Brown, Marcus Lyall, Manjit Cartlidge and Andrew Chapman

- Elected Members

Fiona Chapman, Ayman El-Nayal, Shirley English, Hasan Haboubi, Conor Hagan, Neil Hunter, Amy Illsley, Jennifer Lees, Adelina McLeod, Ailish Nimmo, Rohit Rajamohan, Christina Ryan, Noor Sharrack and Nyo Nyo Tun

- Co-opted Members

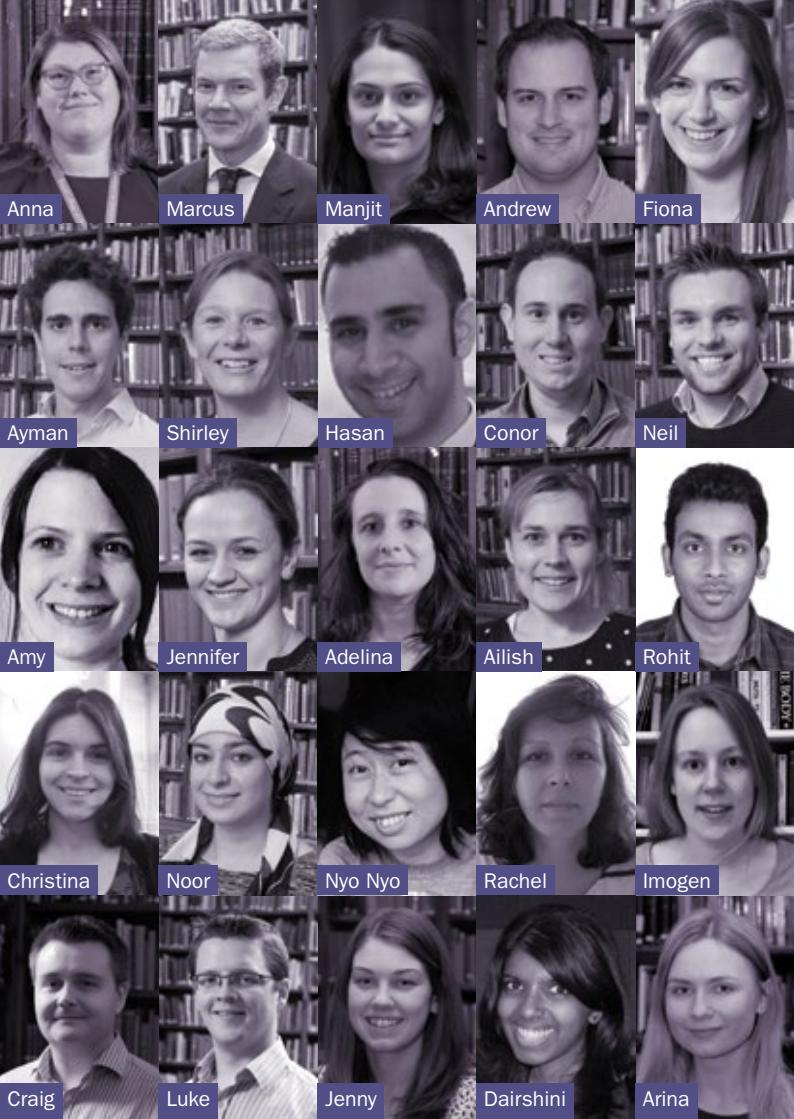
Rachel Knight, Imogen Smith, Craig Thurtell and Luke Yates

- Foundation Year Observers

Jenny Hall and Dairshini Sithambaram

- Student Observer

Arina Tamborska



## **Message from the new Co-Chairs**



We are delighted to be taking over as Co-Chairs of the T&MC. We are proud to have worked alongside Katherine over the last two years and aim to continue the amazing work of the committee. The committee work tirelessly to represent trainee views and provide useful and engaging events for trainees. We look forward to what promises to be an exciting year with new challenges including the next phase of Internal Medicine (IM) curriculum development, development of a new sub-workstream (sitting within Careers and Communication) to support less than full time (LTFT) trainees, extension of our symposia and an update to the website.

Best wishes for 2018.



Anna  
Olsson-Brown



Marcus  
Lyall

Highlights and activities  
of 2017

**10**  
EMUs held

EMU

Evening  
Medical  
Updates

Webstreamed to  
**136**  
sites in  
**11**  
countries  
worldwide



**4300+**  
Trainees and Members  
we represent



**25** Committee  
Members

**8900+**  
people attended EMUs  
online and in person

**400+**  
delegates  
at Top Tips  
for FY1s EMU

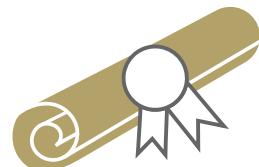


**6**  
Committee  
meetings held

**30** College  
meetings  
attended      **50+**  
external  
meetings  
attended

We welcomed  
**160+**

new MRCP(UK) members  
to the College at our  
Diploma ceremonies.



**100+**

attendees at our  
Medical Careers  
symposium

Sym

Medical  
Careers  
Symposium

**19** Specialties  
represented at  
Medical Careers  
symposium



In 2017,  
the Committee  
focused on **three**  
**areas** to support  
your training  
and career

# Representation

## Shape of Training

In August, the long-awaited Shape of Training report was published along with the Ministers' response. The physician colleges, through the Joint Royal Colleges of Physicians Training Board (JRCPTB), have had representation at the Four Nation Shape of Training UK Steering Group over the past four years to ensure that your views were taken into account.

## Internal Medicine Curriculum

The IM Stage 1 curriculum was reviewed by the GMC in September and has now been approved. As part of the review, a joint letter was put forward by our committee, and the trainee committees of the RCPSG and RCPL, highlighting the positives for trainees as well as some of our questions and concerns. IM Stage 1 training will replace CMT from August 2019. We will continue to work closely with the JRCPTB to provide input to implementation planning and ensure that the ongoing questions you have are clarified. We will also work with the JRCPTB as the Phase 2 curricular are drafted.

## Medical Registrar Quality Criteria

The Committee collated views on the current proposed criteria by the JRCPTB for the General Internal Medicine (GIM) Registrar role and Members attended a meeting in

June to review the latest draft. We are pleased that our Committee input has really shaped this. From an early stage we stressed the importance of the environment in which the Medical Registrar has to work for ensuring safe patient care, as well as allowing appropriate training and balancing the demands of an enjoyable but demanding role. This has been recognised and included in some of the quality criteria. We are keen that the criteria are measurable indicators and are pleased that the JRCPTB are in discussion with the GMC to ensure key questions are included in next year's GMC's trainee survey to assess if the criteria are being met. We expect the quality criteria to be published in early 2018 – we will share this with you and would value your feedback.

## **Acting up as a Medical Registrar Survey**

We initiated this survey at the start of the year as part of a cross-college (Edinburgh, Glasgow and London) project. It has produced interesting results which we are currently collating into a report. We will share this with you in the coming months. The aim of this survey was to look at the variation in acting up experiences that those less than ST3 were experiencing across the UK. The outcome is to ensure that acting up as a Medical Registrar is done within a supportive environment that allows trainees to feel prepared for the job of Medical Registrar. We are grateful to everyone who completed this survey and will be keen to hear your comments on the results when they are

published. The issues highlighted by the acting up survey have also been highlighted to senior members of the JRCPTB and action steps have been taken to improve the situation in relevant areas.

## **HEE report on enhancing junior doctors' working lives**

Many of you will be aware of the report by HEE looking at 'Enhancing junior doctors' lives' in England. This follows on from the issues raised during, but also prior to, the junior doctors' contract dispute which highlighted widespread reports of low morale, unhappiness, anger and disillusionment. As a committee we have responded to this and our full comment can be seen here<sup>1</sup>. We welcome the report as a means to support trainees but are keen that these are deliverable and measurable standards to ensure real benefit to trainees' working lives and work-life balance.

## **JRCPTB Fees**

We welcomed the news that the JRCPTB is continuing to freeze training fees for 2018 to support trainees during this period of public sector restraint. We also remind trainees that memberships and examinations (such as MRCP) can be claimed as tax relief. For a helpful document on this, visit:

**[mrcpuk.org/mrcpuk-examinations/faqs](http://mrcpuk.org/mrcpuk-examinations/faqs)**

<sup>1</sup> [rcpe.ac.uk/college/hee-report-enhancing-junior-doctors-working-lives](http://rcpe.ac.uk/college/hee-report-enhancing-junior-doctors-working-lives)

# Careers and Communications

## Careers Symposium

Our annual Medical Careers Symposium took place in October, where we welcomed over 100 medical students, foundation doctors and ST1/2 doctors from throughout the UK. The event provided an insight into postgraduate medical careers and what it means to be a physician. We were delighted to have representatives from 19 medical specialties to answer questions and offer advice and guidance.

## Careers Evening Medical Update

In July, our ‘Someone call the FY1 – Surviving life as a new doctor’ Evening Medical Update was attended by over 400 delegates and we also held our lively Twitter chat on ‘Top Tips for FY1s’ to support trainees as they prepared for the August handover.

## Schools Lecture

The College held a ‘Becoming a doctor’ Schools Lecture on 22 November 2017 for school pupils interested in a career in medicine. There were 98 pupils in attendance with fantastic engagement and a volume of questions that lead to the session being extended. We are intending to expand this in 2018.



An  
emphasis  
on career  
events will  
continue in  
2018



A photograph of two young men in a lecture hall. The man on the left, wearing a light blue button-down shirt, is gesturing with his hands while speaking. The man on the right, wearing a dark grey sweater over a light-colored collared shirt, is listening attentively. In the background, there are rows of red theater-style seats and a white pillar.

*“Excellent series of lectures  
with a lot of learning points.”*

– Evening Medical Update attendee



# Education

## **Medical Trainees' Conference**

Our first Medical Trainees' Conference to take place outside of Edinburgh was held in Newcastle in February 2017. We were pleased to welcome over 130 delegates from across the UK. Feedback regarding the new format of the event has been very positive with delegates appreciating the lively debate prompted around the keynote and panel discussion, and the opportunity to access both high-quality clinical presentations and to discuss training-related issues with other delegates on the day.

This year's **Medical Trainees' Conference 2018** has again been designed by trainees for trainees. It is being held in January at University Place, University of Manchester. The event will be hosted by RCPE Manchester in association with the Manchester Academic Health Science Centre.

The annual conference is always a great opportunity to gain CPD points and build your network. The programme features a wide range of medical updates in general internal medicine (GIM) and topics include: radiology, respiratory medicine, haematology, Parkinson's disease, and dermatology when in the acute receiving unit, as well as a panel discussion covering issues relating to changes in training within hospital medicine and how to avoid doctor burnout. The conference provides a unique opportunity to discuss issues with and question those who can directly influence medical training. It is free to Collegiate members of the Royal College of Physicians of Edinburgh and £60 for all others.



## Evening Medical Update programme

We hold our popular and free Evening Medical Updates (EMUs), linked to the GIM curriculum, throughout the year. In 2016/2017, we held ten EMUs on: The shocked patient; Anaphylaxis; Abdominal pain; Palliative and end of life care; Poisoning; Back pain; Cough; Rash; The swollen limb; and Weakness and paralysis. We were delighted to welcome over 8900 attendees to our EMUs, either in person or via webstream at 136 sites in 11 countries around the world.

### Our programme for 2017/2018 includes:

The unconscious patient	Breathlessness
Cardiorespiratory arrest	Headache
Jaundice	Haematemesis/melaena
Blackout/collapse	Chest pain
Diarrhoea	Acute confusion

### The College organises a number of other events that are relevant to trainees:

- Medical Research Symposium
- PACES Preparation Courses
- Critical Appraisal & Research Course
- Symposia

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Find out more about our events at [events.rcpe.ac.uk](http://events.rcpe.ac.uk)



**Join the  
College  
and get  
involved!**

If you're not already a member, join us and take advantage of our events, resources and Education Portal, all designed to help you as you progress through your career. You can also get involved with the work of the Committee which has elections annually in the summer.

Find out more here: [rcpe.ac.uk/membership](http://rcpe.ac.uk/membership)

## **Get in touch**

We're always keen to hear from you – please contact us regarding any issues that you would like to raise at:

 [trainees@rcpe.ac.uk](mailto:trainees@rcpe.ac.uk)

or follow us on Twitter

 [@RCPEdinTrainees](https://twitter.com/RCPEdinTrainees)