Appendix 1: FY1 survey

Evaluation of Palliative Care teaching in the undergraduate medical

Welcome to our online survey! We would like to know your experience of palliative care at medical school as well as in your new FY1 jobs. We hope to deliver palliative care teaching in a way best designed to prepare undergraduates for the practicalities of their work. Analysis of the information you provide will help us to do this. I thank you in advance for taking time out from your busy schedules to help improve medical teaching. Please note that all data will be handled confidentially. If you would like some more information or have any concerns or queries please contact me directly at K.A.Dempsey@sms.ed.ac.uk.

General Information

* 1. Are you a transfer student?
   - Yes
   - No
   If yes, from where?

* 2. Which medical school did you graduate from?

3. In which specialties have you worked as an FY1?

Section one: Your Undergraduate Experience

The purpose of this section is to explore your views and experiences of palliative care teaching at medical school and how it has prepared you for your first year of foundation training. Please refer only to your undergraduate experiences, and not to any additional knowledge or experience gained since graduation.

4. What do you think of the amount of palliative care teaching you had as an undergraduate?
   - Far too much
   - Too much
   - About Right
   - Too little
   - Far too little

5. In which years of medical school did you receive any teaching on palliative care? Note: you can choose more than one option.
   - Year 1
   - Year 2
   - Year 3
   - Year 4
   - Year 5
   - Intercalated
   - None
Evaluation of Palliative Care teaching in the undergraduate medical

6. Did you receive teaching on any aspects of palliative care outwith the specific palliative care and oncology attachments?
   - Yes
   - No

If so, where?

7. During medical school, did you think staff were ever over reluctant to allow you to see dying patients?
   - Yes
   - No
   - Don’t Know

Comments

8. At graduation, how prepared did you feel for managing end of life issues in general?
   - Completely prepared
   - Well prepared
   - Not very well prepared
   - Not at all prepared
   - Not Sure

Any comments


**Evaluation of Palliative Care teaching in the undergraduate medical**

0. At graduation, how prepared did you feel for managing the following issues related to palliative care?

<table>
<thead>
<tr>
<th></th>
<th>Completely prepared</th>
<th>Prepared</th>
<th>Not very prepared</th>
<th>Not prepared at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain control</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Other symptom control</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Psychological distress</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Spiritual distress</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Social problems</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Communicating with</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>patients at the end of</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>life</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Communicating with</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>families</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any comments</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

10. In relation to end of life care, what were your most valuable learning experiences at medical school?

Section 2: Your experiences as an FY1

The purpose of this section is to gain insight into how well you believe your undergraduate training prepared you for handling end of life issues as an FY1 doctor. The questions will relate to specific aspects of palliative care as well as to more general worries which some respondents may find sensitive. We ask that you please answer honestly and be reassured that ALL answers will be dealt with confidentiality.

11. As an FY1, how many times have you been involved in the care of someone at the end of life?

<table>
<thead>
<tr>
<th></th>
<th>☐</th>
<th>☐</th>
<th>☐</th>
<th>☐</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1-4</td>
<td>5-9</td>
<td>&gt;10</td>
<td></td>
</tr>
</tbody>
</table>
12. Have you ever felt out of your depth when managing patients at the end of life?

- Yes
- No
- Not Applicable

Please explain why you felt like this if you can.

13. Have you ever felt distressed yourself whilst caring for someone at the end of life?

- Yes
- No
- Not Applicable

Please explain why you felt like this if you can.

14. Is there someone you have been able to approach for practical advice about end of life care if you have needed it?

- Yes
- No
- Don’t Know

If yes, who?

15. Is there someone you have been able to approach for emotional support or advice if you have needed it?

- Yes
- No
- Don’t Know

If yes, who?
Evaluation of Palliative Care teaching in the undergraduate medical

Section 3: Future considerations

The purpose of this section is for you to reflect back on your experiences of palliative care during medical school and to consider any improvements you think could be made to the undergraduate curriculum.

16. Looking back, do you now think there were any gaps in the teaching of palliative care at medical school?
   - [ ] Yes
   - [ ] No

If yes, please explain your answer

17. Do you have any recommendations for improving undergraduate teaching in palliative care?
   - [ ] Yes
   - [ ] No

If yes, please state these here

18. Do you think that teaching in palliative care should be integrated in other attachments e.g. Cardiology, General Medicine, General Surgery?
   - [ ] Yes
   - [ ] No

If so, where?
Evaluation of Palliative Care teaching in the undergraduate medical

19. Would you be willing to take part in a semi-structured interview to discuss your views on your undergraduate palliative care training further? We reassure you that any information provided via this questionnaire and/or interview will be handled with the strictest confidence.

☐ Yes
☐ No

If you would, please leave a contact email address or telephone number here.


20. To be entered into the prize draw for a chance to win one of 5 copies of 'ABC of Palliative Care', please provide a contact email address.


Information provided on this page will be used for descriptive purposes only.

21. Gender

☐ Male
☐ Female

22. Age


Evaluation of Palliative Care teaching in the undergraduate medical

23. Ethnicity

☐ White Scottish
☐ Other White British
☐ White Irish
☐ Other White
☐ Indian
☐ Pakistani
☐ Bangladeshi
☐ Chinese
☐ Caribbean
☐ African
☐ Black Scottish and other Black
☐ Any Mixed Background
☐ Other ethnic group

You have reached the end of the questionnaire. Thank you for taking the time to take part in our study.